

OUR ADVERTISERS HAVE SERVICES FOR YOU!!



<p>PIANO, GUITAR, VOICE, VIOLIN, FLUTE, DRUMS & MUSICAL THEATRE</p> <p>**Studio in Linden Woods**</p> <p>Rosemarie Peart, Registered Music Teacher</p> <p>106 Brentcliffe Dr. / (204) 489-9048</p> <p>E-mail: rpeart@mymts.net</p>	<p>Linden Woods Community Foundation</p> <p>414 Lindenwoods Dr. W.</p> <p>Donate at www.canadahelps.ca</p> <p>Kleysen Park Enhancements are planned - make your Tax-deductible donation today to ensure we maximize the Hubert & Bernice Kleysen fund-matching pledge</p>	 <p>Linden Woods Community Foundation Inc.</p> <p><i>By the community, for the community, since 1992</i></p>
<p>JOHN ORLIKOW</p> <p>www.orklow.ca</p> <p>twitter-@johnorklow</p> <p>FB - @citycouncillorjohnorklow</p> <p>204-986-5236</p>	<p>CRAFT SALE NOV 5th</p> <p>If you are a vendor and you haven't submitted your interest, go here for the forms. https://www.lindenwoodsc.com/special-events.html</p>	<p>KENASTON COMMON PHYSIOTHERAPY</p> <p>1580 Kenaston Blvd #140</p> <p>info@kcphysio.net / www.kcphysiotherapy.com</p> <p>Open 6 days a week – 204-489-4737</p> <p>FEEL BETTER. MOVE BETTER. LIVE BETTER</p>
<p>*** LWCC Staff ***</p> <p>General Manager-Jordan McGonigal</p> <p>manager@lindenwoodsc.com (204)487-2435</p> <p>Admin Assistant—Mark Hart</p> <p>admin@lindenwoodsc.com (204)487-2435</p>	<p>COPY PLUS PRINT + SIGN SHOP</p> <p>For all your printing and signage needs</p> <p>112B Scurfield Blvd</p> <p>204-261-3333</p> <p>glen@copyplus.ca</p> <p>www.copyplus.ca</p>	<p>**Executive for LWCC**</p> <p>Laura Thomas—President</p> <p>Asitha Gajaweera-Secretary</p> <p>Edith Weber-Treasurer</p> <p>Board members & About Us info here</p> <p>https://www.lindenwoodsc.com/the-centre-the-board-the-policies.html</p>

Linden Words is the only newsletter that gives you the information you need, about the community centre. Linden Words is in it FOR our neighbours, our community! We love being in your living room! :) If you are a business in the community, we'd love to advertise for you...please reach out! If you are a reader of the newsletter, we hope you enjoy it! If you'd personally like the newsletter to continue being printed and delivered, you can go to www.CanadaHelps.org (search for the charity "Linden Woods Community Foundation") and specify that your tax-deductible contribution goes to "Linden Words".

Assistance in ensuring community centre activities are communicated with all folks, of all ages, in Linden Woods, is appreciated.



LWCC COMMERCIAL KITCHEN

We've got a fully licensed commercial kitchen available for rent for most any food preparation. You can do your prep work, close to home

For a tour—Call General Manager,
Jordan (204) 487-2435



*** LINDEN WORDS 2023 PUBLICATION SCHEDULE ***

Issue Number	Date	Submission Deadline	Delivery Date
XXXIII-VII	October	October 12	October 26
XXXIII-VIII	Nov/Dec	November 24	December 8

Linden Words

THE ONLY LINDEN WOODS COMMUNITY CENTRE NEWSLETTER

Created and distributed by...



LINDEN WOODS COMMUNITY CENTRE

414 Lindenwoods Dr W
204-487-2435

FALL PROGRAMS - YES, and WE'VE GOT *NEW*

Basketball registration is coming up soon. If your child is ages 7-18, the WMBA has a team for them. Sign up to play, learn and develop your skills. Please see www.WMBA.ca for more info!

Soccer registration begins Sept 7th, see link on www.lindenwoodsc.com.

These above sports programs, as well as the 'Tried and True' activities of zumba, yoga, karate, kendo, pickleball, young engineers, fit together-Mom & Baby, volleyball, badminton, quilting, tai-chi, bridge ... are being joined by some new offerings we are working on!

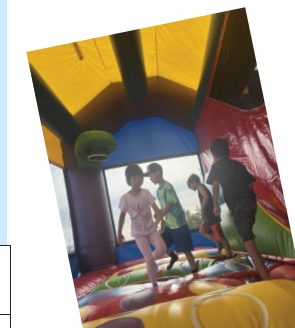
***NEW* Intro to Sports** is a youth program that offers multiple learning opportunities for several sports. The goal is to provide youth with the opportunity to try a variety of sports and learn the fundamentals of these sports without having to commit to a long-term team. It will allow youth to gain experience in sports and provide them with the basic playing skills. Intro soccer, and basketball (ages 5-8) and intro volleyball and intermediate basketball ages (8-12). Each class is 12 weeks long and starts September 18th.

***NEW* Line Dancing** will introduce basic line dance steps. Easy choreography, moderate tempos and lots of repetition will get you moving to all kinds of music while learning basic line dance skills and terminology. Basic steps will be taught in short sequences of easy patterns and rhythms. This class is designed for new dancers with little or no dance experience or for those who just want to keep it simple & fun. Starts Thursday 9:30-11:00am September 21st and runs until December 7th.



***NEW* Board Game Drop-In** will be starting Thursdays from 4-5:30pm (start date TBD)

If you have a skill/program you'd like to bring to the community, please get in touch!



LWCC Fall Festival

Date: Sunday September 24th
Time: 5-8pm
Location: LWCC / Kleysen Park
Event: bouncy castles, food, face painting, balloon animals and fun!



Come one, come all - the LWCC is putting on another carnival! We had so much fun the last time, we decided to do it again. Come on out and spend time with the community, LWCC board members and have fun with your family.

Can you be a volunteer for set-up, clean-up or anything in between? We'd love your help - <https://signup.com/go/ZRiWusA>

PICKLERS at LWCC!!

Did you know that outside our commercial kitchen doors, there is another kitchen? It's on the Pickleball courts! This sport is reportedly, the fastest growing sport and it seems quite believable, having watched the growth in our community centre, never-mind the city and province! It largely appealed to seniors, but is also becoming a popular youth sport. You can be the judge of that, if you check out YouTube for recent competitions.

Thanks to our dedicated volunteer and facilitator, Derek Plouffe, with assistance here and there, has been instrumental in the success of our growing pickleball community right here at LWCC.

Drop-in visits to play this addicting sport, for Sept to June seasons have been tallied as follows:

2017-18	3825
2018-19	4765
2019-20	3007
2020-21	1263
2021-22	4350
2022-23	5510

To learn the sport and/or be counted in our numbers—use our drop-in sign-up at - <https://www.lindenwoodsc.com/pickleball---drop-in.html>

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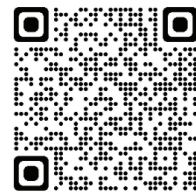
KLEYSSEN PARK playground expansion and picnic area



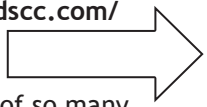
September Project Update

The contract for the project has been awarded, and it is anticipated that construction will start in mid-to-late September, depending on weather conditions, supply chain, etc. The plan is that the expansion of the play area, installation of the new playground equipment, and the new pathways, will be completed this year. The shaded picnic area will be installed in the spring of 2024. If you have been by the park or community centre lately, you may have noticed that the posts bordering the park along the sidewalk have already been removed, opening up the beautiful view of the park.

The final drawing prepared by the City of Winnipeg has been posted on the Centre's web site and can be viewed here – <https://www.lindenwoodsc.com/>



...OR HERE



Thanks to the generosity of so many residents of Linden Woods, the fund raising goal of \$25,000 (which will be matched by Hubert and Bernice Kleysen) is getting closer, with \$17,150 donated to date. Deadline for \$25k fundraising target is **October 31st!**

To help us reach the goal and to take advantage of the matching offer, you can make a tax-deductible donation to the Linden Woods Community Foundation, designated to "Kleysen Park".

The Foundation accepts donations by cash, cheque, or online at www.CanadaHelps.org (search for the charity "Linden Woods Community Foundation").

Cheques should be made out to "Linden Woods Community Foundation" and can be either dropped off at the community centre or mailed to 414 Lindenwood Dr. W., Winnipeg MB, R3P 2K5.

Cash, along with the name and address of the donor, should not be sent in the mail, but can be dropped off with Mark, our bookkeeper, in the community centre general office. Your tax receipt will be issued promptly.



NB: Consider donating prior to October 31st, when the fund-matching offer expires! You will be maximizing the impact your generosity has on the playground expansion!

Do you have questions about the Foundation, how it operates and what it does? Ideas to share? Time to volunteer?

Contact a member of the LWCF Board:

President/Vice President **Greg Steidl**
grsteidl@shaw.ca
 Treasurer **Julie Bubnick**
jbubnick@shaw.ca
 Secretary **Asitha Gajaweera**
jeewangajaweera@yahoo.ca



PROPOSED PLAY EQUIPMENT EXPANSION - LOOKING EAST
*EQUIPMENT SUBJECT TO CHANGE



EXAMPLE OF PICNIC SHELTER

FALL QUILT MAKING

SOMETHING NEW! EVENING CLASSES have been added. Yay! However, the only evening available was Friday, so I took it and we will hope for the best. I have tried to include classes that will be suitable for both absolute beginners and experienced quilters. We will start off with an appliqué class suitable for both then I'll offer a comprehensive 'how to class' on basic quilt making. So, here we go: the fall schedule right through to Christmas. You will notice October is missing, I will explain in class.

ALL ABOUT APPLIQUÉ - Appliqué is confusing only because there are so many ways to achieve the same result. Let's simplify this and help you find what works best for you. This class will give you lots of hands-on practice with preparation of fabric, hand and machine methods, stitching options, layering and embellishing. Once you choose your favourite method, it will open up a whole world of creative possibilities. Absolute beginners and experienced quilters are welcome. Sewing machine is optional—not required.

*Friday, Sept 8, 15 & 22. Daytime 1-4pm. 3 classes- \$90.

INTRODUCTION TO QUILT MAKING - If you are completely new to quilting or would like a good refresher this class will be a great hands-on opportunity to practice all the essential skills. We will cover rotary cutting, accurate piercing, colour theory, block assembly, design principles, sashing and borders, preparation of the quilt layers, basic hand and machine quilting techniques, and finally the binding. That's a lot but I promise it will be presented in a way that will give you a clear understanding of how a quilt is built. Sewing machine is not required, it is optional.

*Friday, Sept 8, 15 & 22. Evenings 6:30 - 9:30. 3 classes: \$90.

FOLK ART TABLE RUNNER - This is a gorgeous table decoration or wall quilt class. You can make it to suit any season or occasion. This class will move fairly quickly and most of the sewing will be done at home. It is suitable for new beginners and experienced quilters. However, new beginners must have taken the introduction to quilt making class or have taken another basic class. Sewing machine is optional but recommended.

*Friday, Nov 10, 17, & 24. Days 1-4pm or Evenings 6:30-9:30. 3 classes: \$90. (cont'd)

QUILTING REGISTRATION DETAILS:

1. Email ASAP to: myrnacarruthers@hotmail.com
2. Or call: 1(204) 388 6210 - After Oct 1 call Hayley to register. 1(204) 951 5574.

Payment is required seven days prior to the start date of a class. E-transfer or cheque is fine. Supply list will be sent via email upon receipt of payment.

For more details and to see pictures, visit me on Facebook, [Myrna's Quilting: Heartscontent](#)

Piano, Guitar, Voice, Violin, Flute, Drums & Musical Theatre Studio in LINDEN WOODS

- Ages 4 and up - Beginners to ARCT
- Over 35-year experience
- Concert Artists with excellence in teaching
- **Also Available:** Theory & History



Rosemarie Peart, M. Mus, Registered Music Teacher
 106 Brentcliffe Dr, Linden Woods, Winnipeg, MB, R3P 2B5

Tel./Fax: (204) 489-9048
 E-mail: rpeart@mts.net
www.peartmusicstudio.com

(continued..)

CUTTING, PIECING & DESIGNING CURVES & CIRCLES - This is one of my favourite classes. Curves are fabulous! They elevate the humble quilt to something exciting and dynamic. Curves are not difficult to sew and there are so many variations of how to place them in a quilt. You will be designing your own small quilt and you can either quilt by hand or bring your sewing machine. This class is open to everyone including beginners.

Friday Dec 1, 8, & 15. Days 1-4 pm. Or
 Evenings 6:30-9:30. 3 classes: \$90.



BEGINNER CLASSES IN KARATE

If you and/or your children are interested in martial arts, the JKA Winnipeg Dojo at LWCC offers Beginner classes in Shotokan Karate on Saturday mornings from 11:00 a.m. to 12:00 noon.

We accept students from age 8 to adult, and welcome families training together.

Karate emphasizes unity of body, mind and spirit, operating in harmony.

Our instructor, **Sensei John Selinger**, is a sixth-degree black belt with the Japan Karate Association (JKA). He has been practising karate with the JKA for more than 48 years, and teaching for over 43. As an internationally-certified JKA Instructor, Examiner and Judge, he is one of an elite group in Canada.

Students with prior training in karate are also welcome. We offer General classes on Monday and Wednesday evenings, and an Advanced class for brown and black belts on Wednesdays.

Full details on fees and schedules are available at www.lindenwoodsc.com.

For more information contact Jane at jdick02@uniserve.com.