

Created and distributed by ...



LINDEN WOODS
COMMUNITY CENTRE

414 Linden Woods Dr W, R3P 2K5
204-487-2435

Linden Words

THE ONLY LINDEN WOODS COMMUNITY CENTRE NEWSLETTER



We have a fully licensed commercial kitchen that can be rented. (not exactly as pictured)

NEED a KITCHEN away from Home? We Can Help With That!!

Start-up food entrepreneurs often lack the capital resources to invest in their own inspected and approved commercial kitchen. LWCC has just the facility for you! We can provide the space needed to produce value-added food products for sale. Please contact Manager Jordan, at 204-487-2435 for details.



Inside this issue:

Canteen / LWCC questions?	2
Volunteers Needed	2
Value of Our Advertisers	2
Ice-Maker Needed	2
Quilting / Drop-In Sports	3
Community Safety	3
Advertiser Line-Up	4

LWCC Craft Sale ~ Nov 6, 2022

Craft Sale was well attended last year, but we had to host our visitors without the canteen. However, with covid hurdles in the rearview mirror, we have all our ducks-in-a-row to ensure the canteen will be able to serve all our new and returning shoppers and vendors, with hot beverages and tasty treats.

You'll see over here >>> That we're looking for some volunteers to round out our event.

If you are interested in helping us hold another successful craft sale event, and maybe meet some people from our community—this is a prime opportunity! We're interested in hearing from you on your availability!



The Annual Linden Woods

Craft Sale

VOLUNTEERS NEEDED:
 ~Nov 5th - Set-Up
 ~Nov 6th - Door People
 - Parking Assists
 - Auction Tickets
 - Canteen Help
 - Pack Up

SUNDAY,
NOVEMBER 6.
10:00AM 4:00PM

EMAIL to sign-up:
lwcc.craftsale@shaw.ca



NEW Children's HALLOWEEN theme party
 LINDEN WOODS COMMUNITY CENTRE
 Sunday, October 30th
 1pm - 4pm

PHOTO BOOTH
 ARTS'N CRAFTS
 CARNIVAL GAMES
 COSTUMES ENCOURAGED

CANTEEN will be open
 FREE ADMISSION
 when accompanied by adult

Whether you are buying or selling, mark the date and we hope to see you **November 6th!!**

NEW—Children's Halloween Party!!

Our Special Events Director, **Heather Grower**, is focusing her fall energy on a new HALLOWEEN event for children, being held Oct 30th!

Our newsletter may not get posted in the apartment buildings surrounding our neighbourhood, so please share this open invite to ensure the youngsters have another day to enjoy their costumes and some Halloween fun!

We welcome adults and kids alike, to wear fun and child-friendly Halloween attire. If you have some clean, intact Halloween décor items you no longer need, drop them off at LWCC before October 27th. We may be able to use them!

~ Volunteering is good for the soul ~

Canteen Hours from here to Winter

As our canteen employees get back to their studies and the season transitions from spray park & play structure season to X-country skiing & skating season, the canteen will be closed on weekdays. We will be open on weekends (Saturday & Sunday) from 11:00am to 6:00pm. (Subject to change)

The soft ice cream machine is being given a rest, but we still have popsicles, Slush Puppies, and a variety of cold drinks for those who still like things cold. For those who like things hot, we have coffee, tea, hot chocolate, noodle cups, and hot dogs in addition to the ever popular mini donuts and popcorn.

No cash? Not a problem - the canteen accepts debit and credit cards with a minimum purchase of \$4.00.

Have Questions about LWCC..??

Do you have questions about how the community centre operates, or the role of the Board, or the Centre's finances, or anything at all? If you do, come by the general office sometime and have a chat with Jordan (General Manager) or Jennifer (Admin Assistant). One of them is always around Monday to Friday, between 9:00am and 5:00pm. Depending on what activities are going on at the time, you can get a tour of the building, too. It goes without saying that you can walk around the grounds at any time.

Or maybe you just need a "pit stop" while you are out for a walk, or a place to sit for a while - feel free to stop in any day between 9:00am and 10:00pm (except holidays). All washrooms are available for public use.

Volunteers Wanted:

 We have the following positions available for volunteers

Youth Soccer Director: (Board Member) The Youth Soccer director represents LWCC in our relationships with WSEU, WYSA, MSA and with other community centres in our recreational league. The director ensures that we are offering a soccer program that meets the soccer association's quality standards. This is also a position on our LWCC board that makes decisions on how our community centre operates to best serve our neighbours. Without this position filled, our soccer program will be in jeopardy.

House and Grounds Director: (Board Member) If you are the type of person who keeps their home and yard looking sharp, you could be exactly what we need for this portfolio. This director works with our general manager to oversee the maintenance and enhancement of our building and outdoor spaces. You can provide the guidance to keep our spaces welcoming and enjoyable for the community. We are considering a large landscaping project and this director would be involved in that project.

As a director, you could share a position and be co-directors. A pair of directors would share the load. Board positions are a term of two years, with elections typically in March. The next board election date is March 2023. The vacant positions can be filled at any time. Contact LWCC.President@shaw.ca and introduce yourself. We will be happy to answer any questions and invite you to a board meeting to see for yourself what we are all about.

The Value of our Advertisers....

Late in 2021, we made the decision to increase the printing frequency of Linden Words. We had the survey results indicating a more timely and frequent newsletter was wanted, and the centre had high expectation that we would be busy with post-covid activity—and therefore have some news to share. We were energized with the idea that we would revert back to an eight issue year and get back to informing the community about programs and events upcoming. We budgeted our printing and postage at \$1,614 per issue, which worked out to \$12,912 a year. In the latter half of 2022 we learned costs were increasing by \$300/issue.

Our annual advertisers provide much needed support for our newsletter. They currently receive both a back-page spot every issue, as well as a once-per-year B&W business card-sized ad in "Linden Words" (8 issues/year); presence on the web site; social media recognition that coincides with our newsletter hitting the street; and a continual presence rotating through on both the wall-mounted monitor outside the general office/gym and the one in the back above the Puzzle'n Book Exchange corner. As much as the LWCC is supported by these advertisers, we hope our readership is, in turn, supporting our advertisers!

If you, or someone you know, is interested in supporting "Linden Words" as an advertiser, please stay tuned as we pull together our budget for 2023.



ICE-MAKER needed...

Do you recall this new-to-us sleek machine we've acquired? We need a *smooth operator!* ;) We need an Ice Maker who has experience making and maintaining ice, in all kinds of weather conditions. This person should be self-motivated and able to work independently. Previous experience operating equipment is an asset, but specific training will be provided. (See Employment Opportunities on website for full details)

KEEP READING .. Because even if you are not interested in employment... BUT are a community volunteer, who is interested in backing-up in some of the ice-maker duties, when/if needed, please contact **Jordan** at **204-487-2435**.

QUILTING classes for you! *NEW*

COMPLETE BEGINNER SERIES

Six week - 3 hr/ week.
 Instructor - Myrna Carruthers
 Thursdays 1 pm - 4 pm
 Starting Nov 24, continuing Dec 1, 8, 15, Jan 5 & 12.
 Location - LWCC
 Cost \$180.00

This class is for absolute beginners to learn the basics and build skills to complete your first quilt. It is the foundation you need to get into the wonderful pastime of creating all types and sizes of quilts. This project can be sewn by hand or machine. A sewing machine will not be required for class. To Register call Hayley after 6 pm at (204) 951-5574. She can discuss supplies & can provide a color photo of project.

QUILTING CLASS: PAPER PIECING

4 week - 3 hr/ week
 Instructor - Myrna Carruthers
 Tuesdays 12:30 - 3:30 pm
 Starting Nov 29, continuing Dec 6, 13, 20.
 Location: LWCC
 Cost \$120.00

This class is for experienced beginners who want to learn & / or gain expertise with Paper Piecing. We will progress from the very simple 'how to' steps to the complex. There will be plenty of opportunity to learn a variety of blocks. All of which can ultimately be made into a quilt of any size. A sewing machine will be required for this class. To register call Hayley after 6 pm at (204)951-5574. She will discuss needed supplies.

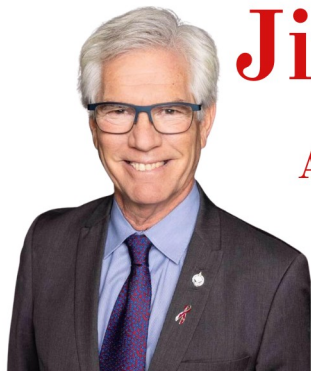
Community SAFETY

A motivated neighbour, **Brendan Bain**, got the ball rolling on **Sept 28th**, and held the first monthly meeting to talk about what can be done to make our community safe. Please set aside thoughts of *"don't want to get involved"* and join him and your community members. LWCC is booked from **6pm-7:30pm** on **Oct 27, Nov 24** and **Dec 22**. We all have experiences to share, but Brendan hopes to get to know folks and build a shared sense of awareness and community safety! See you there!



Group Fitness Classes & Personal Training for women 55+

www.fifty5fitness.com
 204-221-4285
 8-960 Lorimer Blvd Wpg, MB



Jim Carr
 Member of Parliament,
 Winnipeg South Centre
**A Strong Voice
 for our
 Community** 
 204.983.1355
jim.carr@parl.gc.ca
jimcarr.libparl.ca

Consider Dropping-In for Sports

There's no commitment—But you have to give it a try! Check the website for drop-in fees, equipment provided and any additional details! Bring clean shoes—shoes worn in from the lot are prohibited! See you in the gym—Ready for some exercise!

BY THE SPORT...

- Badminton—FAMILY Sundays 5:30—7:30pm
- Badminton—ADULT Thursdays 8:30—10:00pm
- Basketball—FAMILY Thursdays 4:15—5:45pm
- Pickleball—ADULT Monday-Friday 12:45—3:30pm
- Volleyball—ADULT Mondays 8:00—10:00pm

* Continued attendance helps to continue the programs

Stay alert... Be aware...

- Walk in groups of two or more.
- Put away distractions. Don't display valuable items such as phones, headphones or laptops.
- Carry a personal alarm.
- Plan a route and stick to it.
- Familiarize yourself with the area you are in and where you are going.
- Use populated paths when walking, jogging or cycling.
- Stay in well-lit areas.
- Walk confidently.
- Tell someone your destination and route.
- If you think you are being followed, change direction and head for a populated area.
- Criminals associate purses and wallets with money and valuables. Do not carry a purse with a strap across you or wrapped around your wrist.
- Only carry what you need. If you feel unsafe in a situation or place, leave immediately

Source — www.winnipeg.ca/police/takeaction/safety_street.stm
 Also available for download, is this personal safety brochure from —
www.winnipeg.ca/police/takeaction/docs/PersonalSafety.pdf

THANK YOU to LINDEN WORDS advertisers



GELLER'S WINNIPEG
Design / Build / Landscape
(204)795-9490
gellerswpg@gmail.com
www.gellerswinnipeg.ca

OBBY KHAN
MLA for Fort Whyte
99 Scurfield Blvd / 204-691-0720
Obbykhan.ca
instagram/twitter - @obbykhan60

CLIFF KING
Realtor—RE/MAX Executives Realty
103 Farmingdale Blvd
204-228-4938
Linden Woods resident since 1989

KENASTON COMMON PHYSIOTHERAPY
1580 Kenaston Blvd #140
info@kcphysio.net / www.kcphysiotherapy.com
Open 6 days a week – 204-489-4737
FEEL BETTER. MOVE BETTER. LIVE BETTER

OAKLEY OPTICAL
Family Eyecare Centre
130-1570 Kenaston Blvd
204.489.2146
www.oakleyoptical.ca

HONOURABLE JIM CARR, P.C. M.P.
Wpg South Centre Constituency Office
611 Corydon Avenue, Suite 102
Winnipeg, Manitoba R3L 0P2
204-983-1355
jim.carr@parl.gc.ca / jimcarr.libparl.gc.ca

ARLINGTON AUTO BODY
Family Business—65+ Years
Angela Budnick (204) 918-8721
1494 Erin St
ArlingtonAutobody.ca


PIANO, GUITAR, VOICE, VIOLIN & DRUMS
Studio in Linden Woods
Rosemarie Peart, Registered Music Teacher
106 Brentcliffe Dr.
(204) 489-9048
E-mail: rpeart@mymts.net

JOHN ORLIKOW
www.orlikow.ca
twitter-@johnorlikow
FB - @citycouncillorjohnorlikow
204-986-5236

FIESTA SANDWICHES
www.WPGfiesta.ca
FB & Instagram: @wpgfiesta
WE CATER YOUR EVENT!

SOCCER !!

SPRING 2023 Looking for 35yo+ men who have no time to practice—just want to play soccer!
Ematteis@gmail.com



FIESTA SANDWICHES
www.WPGfiesta.ca
FB & Instagram: @wpgfiesta
WE CATER YOUR EVENT!

ZUMBA PROGRAMS at LWCC

Yvonne Bayer-Cheung is a licensed Instructor with multiple certifications & 10 yrs+ of dance/teaching experience -
www.yvonnefitness.ca

LINDEN WORDS SUBMISSION AND DELIVERY DATES

Issue Number & Date	Submission Deadline	Delivery Date
XXXII-VIII Nov/Dec 2022	November 19, 2022	December 2, 2022



Contact Us
 (204) 261-3333
 graphics@copyplus.ca
 112B Scurfield Blvd.,
 Winnipeg, MB R3Y 1G4

Copyright © 2022.
Copy Plus Printing.
All rights reserved.

LWCC's Communication team shares information about the Centre, via our website, the outdoor sign, our Facebook Page, as well as both an Instagram and Twitter account. However, we remain incredibly grateful to our newsletter advertisers, whose support makes it possible for us to publish and deliver our Linden Words newsletter. Without them, the newsletter would not exist. We invite you to support our advertisers, by reaching out if your project or life-event could benefit from their product or service.