



Linden Words

What is a Community Centre?

DID YOU KNOW...
 ..in Winnipeg, we have a community centre model that is unique from other Canadian Cities. The centres are not run or staffed by the city....
 There is so much more to learn about the community centres and how they work with the city.
 Read more at www.gcwcc.mb.ca
****The BOARD of LWCC needs new volunteers****

A Community Centre is a public location in which neighbours can come together as a group to enjoy group activities, social support, public information and other purposes that will with enrich the lives of the neighbours within the community. There is no membership fee to join the Centre. They are generally open for the whole community and can house music/dance activities, sport activities, social support activities, coffee mornings, games, fundraisers and other things to enjoy. Often there are hall or facility rentals available for family, club, or church events. You can meet new people and make new friends, as well as learn new skills, new sports, etc.

A Community Centre is normally located within easy walking distance or bus route for the community it serves, and it is also easily accessible for those of age or with disabilities.

A Community Centre’s Board of Directors may hire a general manager and contractors to address the daily/seasonal operations.

In Winnipeg, the Board of Directors follow guidelines set out by **GCWCC**. Check out the Community Centre Leadership Training tab at www.gcwcc.mb.ca. Scroll down to the **Board Orientation information** and/or the **GCWCC Accountability Manual**.

Do these links give you enough information to prepare you for volunteering?

No job too big or small, Community Service helps us all.

Your community needs you. Will you answer the call?

We have vacancies for **Basketball, Vice President & Secretary, and Members-at-large** positions.

Our Annual General Meeting (AGM) is Mar 15th, 2020. The community is welcome to attend!!

Inside this issue:

Time to consider Karate?	2
Outdoor Skating	2
Soccer mark your calendar	3
Why do Neighbours volunteer?	3
Wrapping up Christmas	3
Board Members	4
Help Wanted	4
Canteen Hours	4

GCWCC ... Who is that?

The General Council of Winnipeg Community Centres (GCWCC) was established in 1971 with the primary purpose of being a central resource for all Community Centres and to facilitate cooperation and communication among the Community Centres, and between the Community Centres and City administration. Winnipeg is home to 63 Community Centres, all as diverse as the neighbourhoods they are in. More than 17,000 people volunteer at Community Centres, which represents over one million volunteer hours.

The community centre model in Winnipeg is unique from other Canadian cities. While they are owned by the City, they are not run or staffed by the City. Instead, each is governed and operated by a group of volunteers with a community-elected Board of Directors. The City provides an annual operating grant to cover basic maintenance and utilities expenses, while the Community Centres are responsible for covering all other costs including staffing, programming, capital improvements and equipment.



DROP-IN Programs



Programs at LWCC include:

ZUMBA classes

(M/W @ 9:15am & T/TH @ 7:00pm)

Zumba Toning

(F @ 9:15am & TH @ 6pm)

ZUMBA GOLD

(Low Impact for Seniors/Beginners)

(W @ 10:00am)

ZUMBA Kids

(M @ 5:15pm–6pm)

YOGA classes

(M @ 10:20am & T/TH @ 8:15pm)

Men's Yoga

(M @ 8:30pm)

Zumba Birthday Parties for Kids!

*Class Passes available:

\$115 for 15 classes

\$189 for 30 classes

\$239 Unlimited Pass

Contact Yvonne's Fitness for class & pass details:

Cell: (204) 295-6060

zumbafunwithyvonne@gmail.com

www.facebook.com/

ZumbaWithYvonne

Time to consider KARATE?

Seeking a mix of active fitness with mental discipline in a friendly atmosphere? The JKA Winnipeg *dojo* welcomes new students - age 8 to adult -- to its *Shotokan Karate* classes at LWCC. Come on your own, come with a friend, come with family. Parents and children can train together.

Karate emphasizes unity of body, mind and spirit, operating in harmony.

Our instructor, **Sensei John Selinger**, is a sixth-degree black belt with the Japan Karate Association (JKA). He has been practising *karate* with the JKA for more than 46 years, and teaching for over 41. As an internationally certified JKA Instructor, Examiner and Judge, he is one of an elite group in Canada.

Beginner classes are held Mondays and Saturdays. General classes (yellow belts and up) are held Mondays, Wednesdays, and Saturdays year round (except for June-August).

Advanced classes (brown and black belts only) are held Wednesdays.

Full details on fees and schedules are available at www.lindenwoodsc.com.

For more information email Jane at jdick02@uniserve.com.

Outdoor Skating

The Volunteer Board at LWCC is appreciative of the community's patience while we struggled through labour issues, mechanical issues and communication issues regarding the outdoor rinks getting ready for winter activities. We had delays and setbacks while getting all our ducks in a row, but are delighted that the rinks finally opened to a bit of fanfare and we have been seeing regular activity since.

We recognize that communication is key and we remain committed to doing our best in that regard.

If you haven't done a few laps yet, come on out and lace up! They are in prime shape!

Piano, Guitar, Voice, Violin and Drums Studio

- Ages 4 and up. Beginners to ARCT.
- Over 45 years' experience
- Concert artists with excellence in teaching
- Also available: Theory and history

Rosemarie Peart, Registered Music Teacher
106 Brentcliffe Drive 204-489-9048 rpeart@mts.net



www.peartmusicstudio.com

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SOCCER? Mark your calendar...

Our soccer programs do not run themselves! We need you in order to keep these programs alive. New to Retirement and have some sport knowledge? Could sure use you! New to soccer strategy? No problem! Reach out to a convener... They can get you going and supporting you, as you support the teams. Come find out what they need from you...

Youth Outdoor soccer

Registration for ages 9-18 opens **March 1st - March 16th**. Registration and program information is ONLINE on our soccer page at www.lindenwoodsc.com. Team meetings/practices begin around April 15 and games typically begin May 1. This is a recreational league that focuses on physical activity, building soccer skills and having fun! Coaching is a great way to participate on your child's team. Email lwcc.youthsoccer@shaw.ca to find out how you can get involved.

Spring Mini-Soccer

Despite the snow, we are starting to get ready for the 2020 Spring Mini-Soccer season. Registration for eligible players (born 2012-2016) will take place in **April** via a link on the Linden Woods Community Centre website. Our season will run weekdays in May and June with games taking place in the parks adjacent to Van Walleghem and Linden Meadows schools. Last year close to 250 children participated on 22 teams! Volunteer coaches and an Assistant Convener are needed to continue this program in our neighborhood. If you are able to help out, please contact lwcc.minisoccer@shaw.ca.



*** HELP ***

Spring registration for Youth Soccer opens Mar 1-16. Mini Soccer registration will follow. **WE NEED YOU** and your soccer passion! Get details on how you can become a coach. Coaching courses are available.



Why do neighbours volunteer?

"When I moved into Linden Woods in 1990, not only was there no community centre, but there were no plans to ever build one, so when one of my neighbours asked me to accompany her to a town hall meeting at the school, I did. As a result of attending that meeting and signing up to do something, I met the most inspiring, wonderful and capable people who I would never have met otherwise because they lived on the other side of Linden Woods, or they had a different occupation, or their children went to different schools or were involved in different sports. Many of them became friends, many continue to inspire me, many continue to teach me new things. Volunteering at the community centre has been tremendously fulfilling. It has given me a feeling of being part of a community that I can call home" - Julie

"We were asked to join the board by a neighborhood friend, as we had often talked about having a block party on our street and just decided that maybe we would turn our efforts towards the whole community and help plan Social Events. We were happy to get involved; we knew we would have a good time working together! It's been great planning a few community social events. We both have fond memories of community clubs from our own youth, it makes sense to give back. Additionally, we love and appreciate the connections and memories that our own children continue to make through the Community Centre activities. Basketball, soccer, our pleasure & hockey rinks—our LWCC really is a great place to be! We love making a difference in our community! And we are having a good time while doing it!" - Laura & Christine

Wrapping up Christmas

Our **Annual LWCC Holiday Party** was well attended by more than 150 who participated in crafts, decorated sweet treats, sipped hot chocolate from our hot chocolate bar, sweated out Zumba moves, visited with Santa and Mrs. Clause and their assistants, and sang-a-long together in the gym. This event, aside from providing donations for Winnipeg Harvest, also helped us kick off our community holiday spirit

Thanks to **Yvonne** for the Zumba; **Rosemary Peart** for holiday music; **Sobeys Kenaston** for the yummy cookies. Thanks to all of our volunteers for organizing, helping out and making spirits bright!

Linden Lights is a draw for people from all corners of the city. Linden Woods did not disappoint! The holiday spirit is bright with lights on houses, trees and holiday figurines setting a glow over our community. It was wonderful to see so many neighbours participating. The pictures of best themed street (Candy Cane Lane) and best house (Corner of Shorecrest Dr) are on Facebook

Linden Woods Committee Centre Board

President	Vacant (actor in place)	lwcc.president@shaw.ca
Vice President	vacant	
Past President	Tej Bhatia	tejbhatia@yahoo.com
Secretary	Asitha Gajaweera	jeewangajaweera@yahoo.com
Treasurer	Julie Bubnick	jbubnick@shaw.ca
Senior Programs	Judy Tozeland	jutozeland@gmail.com
Special Events	Laura Thomas / Christine Butcher	
Communications	Katrina Hotel	lwcc.communications@shaw.ca
House & Grounds	David Boles	dave.boles@shaw.ca
Basketball	vacant	
Mini-Soccer	Tamara Hart	lwcc.minisoccer@shaw.ca
Youth Soccer	Tracey Wright	lwcc.youthsoccer@shaw.ca
Member-at-Large	Greg Steidl	grsteidl@shaw.ca

We're on Facebook &
www.LindenWoodsCC.com



HELP wanted

Facility Staff (permanent part-time) - applications accepted on an ongoing basis. Please visit the "Employment Opportunities" on the website for details

Student Summer Employment Opportunities – There will be a few opportunities for summer employment at the community centre, but we won't know how many until we receive confirmation of funding from both the Manitoba Green Team and Canada Summer Jobs programs. The positions usually relate to grounds maintenance and summer programming (e.g. recreational camps).

Off-leash Park – Temporary Location / Access

Linden Woods Community Centre grounds are maintained primarily for the purposes of community sport and play. Dogs are to remain on-leash and picked-up after. The closest off-leash experience is open for use, just off the east end of Willson Place. Check the **Brenda Leipsic Dog Parkers Facebook Page** for today's access details. There are maps & comments that will help with orientation of your first visit.



LWCC Canteen

FALL/WINTER HOURS:

4pm–9pm -Monday–Friday

12pm-6pm -Saturday/Sunday



****The canteen can be made available for special events, upon request****

The LWCC Canteen accepts your Canadian Tire money as a donation—OR—at face value for any canteen purchases, and in turn, that money is donated to the Canadian Tire Jumpstart program.

For details, go to <https://jumpstart.canadiantire.ca> on how our community's kids benefit from this program.